

# Happy Mother's Day!

Oh Mary, star of the sea, once again we recourse to thee, to find refuge and serenity, to implore your protection and help. Mother of God and our Mother, turn your sweet gaze towards those who face the dangers of the sea every day to guarantee their families the necessary sustenance for life, to protect the respect of creation, to serve peace between peoples.

*- Pope Francis*

## A Prayer for Mothers

All-loving God,  
we give you thanks and praise  
for mothers young and old.  
We pray for young mothers,  
who give life and count toes and tend to  
our every need;

May they be blessed with patience and  
tenderness  
to care for their families and themselves  
with great joy.

We pray for our own mothers  
who have nurtured and cared for us;  
May they continue to guide  
in strong and gentle ways.

We remember mothers who are separated  
from their children because of war,  
poverty, or conflict;  
May they feel the loving embrace of  
our God who wipes every tear away.

We pray for women who are not mothers  
but still love and shape us  
with motherly care and compassion.

We remember mothers, grandmothers,  
and great -grandmothers who are no longer with us  
but who live forever in our memory  
and nourish us with their love.

Amen.

